

SAINT JULIA PARISH  
WESTON AND LINCOLN

**CONFIRMATION  
GUIDELINES FOR CONFIRMATION  
PREPARATION**

**ARE YOU READY TO BECOME A DISCIPLE OF JESUS?**



**2008 – 2009**

*CONFIRMATION GROUNDS US MORE DEEPLY IN OUR DIVINE ADOPTION, UNITES US MORE FIRMLY TO CHRIST, STRENGTHENS THE GIFTS OF THE HOLY SPIRIT GIVEN TO US A BAPTISM, PERFECTS OUR RELATIONSHIP WITH THE CHURCH, GRANTS THE SPECIAL STRENGTH OF THE HOLY SPIRIT FOR SPREADING AND DEFENDING THE FAITH BY WORD AND ACTION AS TRUE WITNESSES OF CHRIST.*

**GIFTS OF THE HOLY SPIRIT**

WISDOM    UNDERSTANDING    COUNSEL

FORTITUDE    KNOWLEDGE    PIETY

**AWE IN THE LORD'S PRESENCE**

***WHAT SHOULD I KNOW ABOUT THE CONFIRMATION PROGRAM?***

- ☞ THIS IS A FLEXIBLE PROGRAM OF LEARNING, PRAYING, REFLECTING AND SERVING.
- ☞ MOST LEARNING TIME -- CLASSES, MINI-COURSES, AND SPEAKERS -- TAKES PLACE ON SUNDAY EVENINGS FROM 6:00 PM TO 7:15 PM.
- ☞ ADDITIONAL CLASSES, EVENTS, ACTIVITIES AND TRIPS WILL TAKE PLACE AT OTHER DAYS AND TIMES AS NOTED IN THIS BROCHURE OR AS ANNOUNCED.
- ☞ THE PROGRAM IS DESIGNED TO TAKE TWO YEARS TO COMPLETE. HOWEVER, THIS PROGRAM MAY TAKE YOU MORE THAN TWO YEARS. YOU MAY BEGIN IN 9<sup>TH</sup> GRADE OR LATER; YOU MAY BE CONFIRMED IN 11<sup>TH</sup> OR 12<sup>TH</sup> GRADE OR LATER.
- ☞ THE PROGRAM IS COMPRISED OF MINI-COURSES, SINGLE-SESSION CLASSES AND EVENTS, A REQUIRED RETREAT, SERVICE OPPORTUNITIES, FIELD TRIPS, AND OTHER OPPORTUNITIES IN THE PARISH AND THE WIDER CHRISTIAN COMMUNITY.
- ☞ THIS PROGRAM OFFERS YOU AN OPPORTUNITY TO MAKE CHOICES AND TAKE RESPONSIBILITY FOR YOUR INDIVIDUAL PATH TO DISCIPLESHIP.
- ☞ CONFIRMATION IS CELEBRATED YEARLY AT ST. JULIA PARISH IN THE FALL.

***WHAT I AM REQUIRED TO DO IN THIS CONFIRMATION PROGRAM:***

**EXPLANATION OF UNITS**

- ☞ EACH OFFERING ON OUR CALENDAR IS ASSIGNED A UNIT VALUE.
- ☞ UNIT VALUES ARE INDICATED IN ( ) AFTER THE DESCRIPTION OF EACH OFFERING.
- ☞ NEW STUDENTS MUST COMPLETE 45 UNITS BEFORE RECEIVING CONFIRMATION.
- ☞ CONTINUING STUDENTS WILL BE GIVEN THE NUMBER OF UNITS THEY MUST COMPLETE BASED ON WHAT THEY ACCOMPLISHED LAST YEAR.
- ☞ STUDENTS ENROLLED IN THEIR SECOND YEAR AT A CATHOLIC HIGH SCHOOL MUST ATTEND THE CONFIRMATION RETREAT, THE

FINAL PREPARATION MINI-COURSE, THE THREE SINGLE SESSIONS REQUIRED FOR ALL, AND FIVE ADDITIONAL UNITS. FIRST YEAR CATHOLIC HIGH SCHOOL STUDENTS ARE NOT REQUIRED TO PARTICIPATE.

☞ YOU ARE ENCOURAGED TO CHOOSE FROM MANY DIFFERENT CATEGORIES OF EXPERIENCES.

☞ YOU ARE INVITED TO PARTICIPATE IN ANY AND ALL OPPORTUNITIES BEYOND THE MINIMUM REQUIREMENTS. EVERY OFFERING HAS POTENTIAL VALUE FOR YOUR PERSONAL GROWTH IN DISCIPLESHIP.

#### **MINIMUM REQUIREMENTS**

WITHIN THE BROAD ARRAY OF CHOICES, THESE COMPONENTS ARE REQUIRED:

☞ WEEKLY MASS ATTENDANCE.

☞ 1 STATEMENT OF COMMITMENT, MADE AT A DESIGNATED MASS IN THE FALL.

NOVEMBER 16 - 5:00 PM MASS OR NOVEMBER 23 - 11:15 AM MASS

☞ 1 ST. JULIA PARISH OVERNIGHT RETREAT- JANUARY 24-25, 2009.

☞ 3 ALL-STUDENT SESSIONS EACH YEAR.

SEPTEMBER 28, 2008; OCTOBER 5, 2008; AND APRIL 5, 2009: 6-7-15 PM.

☞ 1 INTERVIEW WITH A MEMBER OF THE PARISH PASTORAL STAFF.

TO BE ARRANGED FOR THOSE STUDENTS WHO ARE READY FOR CONFIRMATION.

☞ FINAL PREPARATION WORKSHOP MINI-COURSE.

MARCH 1, 8, 15, 22, 6:00 – 7:15 PM

☞ 1 CONFIRMATION REHEARSAL AND DINNER.

#### **WHAT DOES THE CALENDAR FOR THE YEAR LOOK LIKE?**

PLEASE SEE THE CALENDAR INSERT AND POST IT IN A PROMINENT PLACE.

#### **WHAT MINI-COURSES WILL BE OFFERED THIS YEAR?**

**SUNDAYS, OCTOBER 19, 26; NOVEMBER 2, 9, 16 6:00-7:15 PM**

☞ **MASS WORKSHOP-DEACON PAUL MURRAY/SEMINARIAN SAM FUTRAL (5)**

EXPLORE THE VARIOUS PARTS OF THE MASS TO BETTER CELEBRATE THE MASS.

☞ **THE CREED-ARTHUR KLUGE (5)**

ARE YOU READY TO BELIEVE? WHAT DO WE REALLY BELIEVE AS CATHOLICS?

☞ **THE CHURCH-FR. JOSEPH HENNESSEY (5)**

ARE YOU A FRIEND OF JESUS CHRIST? PART OF YOUR IDENTITY IS AS A MEMBER OF THE CATHOLIC CHRISTIAN CHURCH. WHAT DOES IT MEAN TO BELONG TO THIS EXTENDED FAMILY, THIS COMMUNITY, TO BE A DISCIPLE OF JESUS?

☞ **MORALS: THE GOLDEN COMPASS-SEMINARIAN STEVEN CLEMENTE (5)**

HAVE YOU FORMED YOUR MORAL CONSCIENCE, YET? LEARN THAT LIVING A MORAL LIFE IS MORE THAN, "THOU SHALT NOT ..."

☞ **JESUS AT THE MOVIES-PAUL FOODY (5)**

WHAT CAN *THE DA VINCI CODE*, *JESUS CHRIST SUPERSTAR*, *GODSPELL* AND OTHER FILMS FROM THE PAST 30 YEARS TEACH US ABOUT JESUS AND HIS GOSPEL MESSAGE?

**SUNDAYS, OCTOBER 19 AND 26 11:15 – 12:30 AM**

☞ **THE SECRET OF THE ROSARY- CAROL WELLS (2)**

WHY HAS THE ROSARY BEEN THE MOST POPULAR PRAYER FOR OVER 800 YEARS? COME AND DISCOVER THE MYSTERIES OF THE ROSARY AND SECRETS THAT MARY TOLD THE THREE CHILDREN OF FATIMA.

**SUNDAYS, MARCH 1, 8, 15, 22 6:00-7:15 PM**

☞ **MASS WORKSHOP- SEMINARIAN SAM FUTRAL (4)**

EXPLORE THE VARIOUS PARTS OF THE MASS TO BETTER CELEBRATE THE MASS.

☞ **GOSPEL OF MARK- ARTHUR KLUGE (4)**

READING THE GOSPEL OF MARK IS A JOURNEY INTO THE LIFE AND TIMES OF JESUS, THE MAN AND THE MESSIAH.

☞ **THE CHURCH- FR. JOSEPH HENNESSEY (4)**

ARE YOU A FRIEND OF JESUS CHRIST? PART OF YOUR IDENTITY IS AS A MEMBER OF THE CATHOLIC CHRISTIAN CHURCH. WHAT DOES IT MEAN TO BELONG TO THIS EXTENDED FAMILY, THIS COMMUNITY, TO BE A DISCIPLE OF JESUS?

☞ **“BELLA”- MARY GILBERTO (5)**

(THIS COURSE MUST INCLUDE VIEWING THE MOVIE AT 3:00 ON MARCH 1)

EXPLORE HOW ONE DAY IN NEW YORK CITY CHANGES THREE PEOPLE FOREVER AND WHAT LESSONS YOU CAN TAKE AWAY FROM THIS POPULAR FILM.

☞ **PRAYER- SEMINARIAN KEITH CUMMINGS (4)**

WHAT IS PRAYER? WHAT DOES IT MEAN TO PRAY? LEARN WHY AND HOW WE PRAY AND HOW, THROUGH PRAYER, GOD CREATES AND DEEPENS OUR MUTUAL RELATIONSHIP WITH GOD.

☞ **FINAL PREPARATION WORKSHOP: NAME, SPONSOR, PETITION (4)**

MRS. MAHONEY AND SEMINARIAN STEVEN CLEMENTE WILL ASSIST YOU IN CHOOSING YOUR SAINT’S NAME, CHOOSING A SPONSOR WHO IS A ROLE-MODEL AND WRITING YOUR CANDIDATE PETITION TO FR. EVANS. **THIS MINI-COURSE IS REQUIRED FOR ALL STUDENTS WHO EXPECT TO BE CONFIRMED IN 2009.**

**SUNDAYS, MARCH 1 AND 8 11:15 – 12:30 AM**

☞ **THE DIVINE MERCY STORY- CAROL WELLS (2)**

DISCOVER THE AMAZING STORY OF ST. FAUSTINA, HER LIFE, HER MIRACLES, AND THE ORIGINS OF THE DIVINE MERCY MOVEMENT.

**SUNDAYS, MARCH 15 AND 22 10:15 AM - 1:15 PM**

☞ **CATHOLIC SOCIAL JUSTICE- MARY NAPHTAL (5)**

BEING CHRISTIAN IS NOT JUST GOING TO CHURCH, IT REQUIRES A PERSONAL COMMITMENT TO ACTION BEYOND CHURCH. HOW CAN WE FOLLOW IN THE FOOTSTEPS OF JESUS BY SERVING OTHERS WITH RESPECT AND FAIRNESS?

**SUNDAYS, APRIL 26, MAY 3, 17, 31, AND JUNE 7 6:00 - 7:15 PM**

☞ **THEOLOGY OF THE BODY- CHRIS CONNELL AND TBA (5)**

DOES GOD HAVE A PLAN FOR LOVE AND SEX IN MY LIFE?

(THIS COURSE REQUIRES A PARENT MEETING ON MONDAY, APRIL 13 AT 7:30 PM.)

*PLEASE NOTE: YOU WILL BE GIVEN CREDIT ONLY FOR THOSE MINI-COURSE SESSIONS YOU ATTEND. IF YOU ATTEND ALL SESSIONS OF A 4 OR 5 UNIT MINI-COURSE, YOU WILL BE GIVEN A BONUS CREDIT.*

**WHAT SINGLE SESSIONS WILL BE OFFERED THIS YEAR?**

**SUNDAYS, 6:00 PM - 7:15 PM**

SEPT. 28- ARE YOU READY TO “CHOOSE WISELY?” (1)

OCT. 5- WHO AM I? WHERE DO I FIT IN? (NEW STUDENTS-MANDATORY) (1)

OCT. 5- WHO SHOULD I BECOME? (CONTINUING STUDENTS-MANDATORY) (1)

NOV. 23- THANKSGIVING BASKET PROJECT /SERVICE SPEAKER WITH YM (1)

DEC. 7- VIRTUES, HOW CAN I BECOME THE GOOD SAMARITAN? (1)

JAN. 4- *IF NOT NOW, WHEN? ER* SEGMENT AND DISCUSSION ON CHOOSING LIFE. (1)

JAN. 11- EVOLUTION AND CHRISTIANITY - HARVARD PROF. MARTIN NOWAK (1)

FEB. 8- “MEDIA MINDFULNESS” PAULINE MEDIA REVEALS MEDIA SEDUCTION.(1)

APR. 5- HOW DO I GET THERE? WE’RE HERE TO HELP. (MANDATORY FOR ALL) (1)

**OTHER DAYS AND TIMES**

☞ **ST. PAUL, THE MAN, THE MISSION AND THE LETTERS – CAROL RITTER (1)**

CHOOSE SATURDAY, DEC. 6 OR SUNDAY, DEC. 7- 11:15 AM TO 12:30 PM

☞ **GENERATIONS OF FAITH (MUST STAY THE ENTIRE SESSION FOR CREDIT.) (2)**

SUNDAY, DEC. 14, 12:15 TO 2:45 PM OR 6:00 TO 8:30 PM

SUNDAY, MARCH 29, 12:15 TO 2:45 PM OR 6:00 TO 8:30 PM

☞ **JASON EVERT: ROMANCE WITHOUT REGRET (2) SUNDAY, MARCH 29,,**

3:30 TO 5:00 PM AT HOLY FAMILY PARISH, CONCORD CENTER SEE AND HEAR, IN PERSON, DYNAMIC SPEAKER AND CREATOR OF THEOLOGY OF THE BODY FOR TEENS.

### ***WHAT OTHER ACTIVITIES CAN I CHOOSE?***

**SAINT ANDREW DINNER – NOV. 4 OR JAN. 13 OR MAR. 30:**  
5:30 – 8:00 PM (3) OPPORTUNITY FOR YOUNG MEN TO MEET AND HAVE DINNER ONCE WITH CARDINAL SEAN O'MALLEY AT ST. JOHN'S SEMINARY IN BRIGHTON.

**LUNCH WITH A REAL SISTER – DAY AND TIME TBA (3)**  
OPPORTUNITY FOR YOUNG WOMEN TO MEET AND CHAT WITH PROFESSIONAL WOMEN WHO WORK IN A CAREER AND LIVE IN A RELIGIOUS COMMUNITY.

**CHRISTIAN ART TOUR- SATURDAY, MARCH 28, DAY-TIME FIELD TRIP (4)**  
ISABELLA STEWART GARDNER MUSEUM AND MUSEUM OF FINE ARTS, BOSTON

**MOVIES WITH A MESSAGE- INCLUDES PIZZA. EACH FILM (3)**  
MONDAY, NOVEMBER 10, 6:30 TO 9:30 PM *A TIME TO KILL*  
TUESDAY, FEBRUARY 17, 6:30 TO 9:30 PM *THE SPITFIRE GRILL*  
WEDNESDAY, APRIL 22, 6:30 TO 9:30 PM *SIGNS*

**YOUTH GROUP- IF CHOSEN, MUST ATTEND 6 OF THE 9 SUNDAYS, 6:00 - 7:15.**  
OCT. 19, NOV. 23, DEC. 7, JAN. 11, FEB. 8, MAR. 8, APR. 5, MAY 3, JUN. 7  
THESE SIX MEETINGS MUST BE IN THE SAME SCHOOL YEAR, NO ROLL-OVER!  
MINIMUM (6) UNITS. (7), (8), (9) FOR ADDITIONAL PARTICIPATION.

### ***WHAT ABOUT WORSHIP AND PRAYER?***

**CONFIRMATION RETREAT- JANUARY 24 AND 25, 2009 (8)**  
THE CONFIRMATION RETREAT IS A CENTRAL FEATURE IN THE SPIRITUAL PREPARATION FOR CONFIRMATION. STUDENTS WHO PLAN TO BE CONFIRMED IN THE FALL OF 2009 MUST ATTEND THE OVERNIGHT CONFIRMATION RETREAT. THIS RETREAT IS HELD AT OAKHURST RETREAT AND CONFERENCE CENTER IN WHITINSVILLE, MASSACHUSETTS ON SATURDAY AND SUNDAY, JANUARY 24 AND 25, 2009. STUDENTS WILL BE BUSED TO AND FROM ST. JULIA PARISH CENTER AND MUST ATTEND THE ENTIRE TIME.

THE RETREAT IS A UNIQUE EXPERIENCE OF PRAYER, REFLECTION, COMMUNITY, SACRAMENTS, GAMES, ACTIVITIES, PERSONAL GROWTH AND FUN. IT IS PARTICULARLY FOCUSED ON CONFIRMATION. ADULT PARISHIONERS WHO ARE EXPERIENCED IN RUNNING THIS RETREAT ARE THE LEADERS AND CHAPERONES.

FR. EVANS, ANNE MARIE MAHONEY AND JEAN PELLETIER PARTICIPATE AS WELL.

IF YOU KNOW THAT YOU CANNOT ATTEND ST. JULIA'S RETREAT WE CAN PLACE YOU IN AN EQUIVALENT RETREAT AT ST. JOSEPH PARISH IN BELMONT ON NOV. 8-9, 2008. (YOU MUST TELL US BY OCTOBER 5.)

**WEEKLY MASS ATTENDANCE IS A REQUIREMENT. THE 5:00 SUNDAY MASS PRECEDES OUR CLASS TIME AND MAY BE A GOOD CHOICE FOR YOU.**

**PERSONAL PRAYER SHOULD BE A PART OF EACH CANDIDATE'S DAILY LIFE.**

### ***CAN I DO SOME SERVICE?***

**PANCAKE BREAKFAST – SUNDAY, NOVEMBER 2, 9:00 AM – 1:00 PM (2)**

**THANKSGIVING BASKETS- NOVEMBER 23 (SEE SINGLE SESSION WRITE-UP)**

**FILLING EASTER BASKETS- FRIDAY, APRIL 10, 11:00 AM – 12:00 PM (1)**

**EPOCH NURSING HOME VISIT AND REFLECTION WITH CAROL RITTER (3)**  
MONDAY, JANUARY 19 AND/OR FEBRUARY 16 FROM 8:00 AM TO 11:00 AM

**GENERATIONS OF FAITH ASSISTANT (2)**  
DECEMBER 14 AND MARCH 29 12:15-2:45 PM AND/OR 6:00-8:30 PM

**GRADE 2 WORKSHOP ASSISTANT (2)**  
SATURDAY, JANUARY 10, 1:00 - 3:00 PM  
SATURDAY, MARCH 7, 12:00 – 2:00 PM  
SATURDAY, APRIL 4, 12:00 – 2:00 PM

**REBUILDING BOSTON TOGETHER- SOCIAL JUSTICE COMMISSION, TBA (4)**

**BRISTOL LODGE- PREPARING AND SERVING A MEAL, TBA (3)**

### ***WHO IS AVAILABLE TO HELP ME?***

**MENTORS- CONTINUING STUDENTS HAVE A MENTOR WHOM THEY SHOULD CONTINUE TO USE AS A RESOURCE. NEW STUDENTS**

WHO WISH TO HAVE A MENTOR ASSIST THEM IN THE CONFIRMATION PROGRAM SHOULD CONTACT ANNE MARIE MAHONEY OR CATHY CAPIZZI TO BE CONNECTED TO A MENTOR. THE FOLLOWING ADULTS HAVE AGREED TO CONTINUE AS MENTORS FOR THIS SCHOOL YEAR:  
CHANTAL BUCHANAN, CHRIS CONNELL, ARTHUR KLUGE, BETH MARSHDOYLE,  
JOHN MURRAY, AND ANN STEWART.

**INDIVIDUAL INTERVIEWS-** EACH STUDENT IS REQUIRED TO HAVE AN INTERVIEW WITH A MEMBER OF THE PARISH PASTORAL STAFF PRIOR TO CONFIRMATION. INTERVIEWS WILL INCLUDE AT LEAST ONE PARENT. IN APRIL, 2009, DATES AND SIGN-UP INFORMATION WILL BE GIVEN TO THOSE STUDENTS WHO HAVE COMPLETED THEIR REQUIREMENTS FOR CONFIRMATION.

### ***How do I sign up?***

YOU WILL BE GIVEN A SIGN-UP SHEET ON SEPTEMBER 28. YOU MUST CHOOSE THE CLASSES AND ACTIVITIES TO WHICH YOU WISH TO COMMIT. ON OCTOBER 5, FORMS WILL BE COLLECTED. AS NEW ACTIVITIES AND SESSIONS BECOME AVAILABLE, YOU WILL BE NOTIFIED BY E-MAIL. **YOU ARE EXPECTED TO ATTEND EVERY SESSION OR ACTIVITY FOR WHICH YOU SIGN UP.** SPEAKERS, ROOM ASSIGNMENTS AND MATERIALS ARE DEPENDENT ON YOUR SIGN-UP. PLEASE NOTIFY THE RELIGIOUS EDUCATION OFFICE IN CASE OF AN EMERGENCY WHICH PRECLUDES YOUR PARTICIPATION.

### ***Will there be more offerings later in the year?***

THERE WILL BE ADDITIONAL OFFERINGS LATER IN THE YEAR FROM WHICH TO CHOOSE. THEY MAY INCLUDE A SUMMER ARCHDIOCESAN LEADERSHIP TRAINING PROGRAM OR A TEENAGE GROUP OF THE "ARISE: TOGETHER IN CHRIST" SCRIPTURE PROGRAM. NEW OPPORTUNITIES WILL BE E-MAILED TO YOU AND ANNOUNCED AT OUR ONGOING SESSIONS.

### ***Is God calling you to discipleship?***

"HERE IS MY SERVANT WHOM I UPHOLD,  
MY CHOSEN ONE IN WHOM MY SOUL DELIGHTS.  
I HAVE ENDOWED HIM WITH MY SPIRIT  
THAT HE MAY BRING TRUE JUSTICE TO THE NATIONS."  
*ISAIAH 42: 1-4*

"YOU ARE THE LIGHT OF THE WORLD. A CITY BUILT ON A HILL-TOP CANNOT BE HIDDEN. NO ONE LIGHTS A LAMP TO PUT IT UNDER A BARREL; THEY PUT IT ON THE LAMP-STAND WHERE IT SHINES FOR EVERYONE IN THE HOUSE. IN THE SAME WAY YOUR LIGHT MUST SHINE IN THE SIGHT OF ALL, SO THAT SEEING YOUR GOOD WORKS, THEY MAY GIVE THE PRAISE TO YOUR FATHER IN HEAVEN."

*MATTHEW 5:14-16*

"TO STAY IN THE WORLD WITH GOD MEANS SIMPLY TO LIVE IN THE ROUGH AND TUMBLE OF THE WORLD AND AT THE SAME TIME REMAIN IN THE BODY OF CHRIST, THE VISIBLE CHURCH, TO TAKE PART IN ITS WORSHIP AND TO LIVE THE LIFE OF DISCIPLESHIP."  
*DIETRICH BONHOEFFER, THE COST OF DISCIPLESHIP*